



JUNIOR LEAGUE OF TORONTO

Women building better communities

Kate was truly a hit. She conveyed many important messages to a group of women under stress by reminding them to incorporate things they love into their lives incrementally, to use their intuition, and to combat stress with laughter. Not only did she entertain these women with side-splitting stories with which every woman and mother can relate, she gave them a much needed shot of inspiration.

Selby Kostuik
New Member Chair, 2006-07
The Junior League of Toronto

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